

# Befriending the Work: Supervising Spiritual Directors

A residential weekend course for practising spiritual directors who would like to make better use of their own supervision, and/or learn to supervise others.

## Launde Abbey

Launde Rd, East Norton, Leicester, LE7 9XB

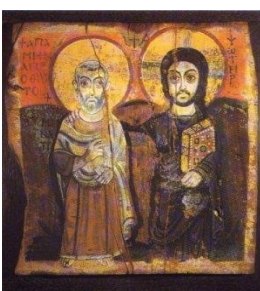
**Fri 17<sup>th</sup> - Sun 19<sup>th</sup> May 2024**

Starts with the evening meal on Friday, and ends with Sunday lunch

Fee **£425** full board (payable in advance)

Tutors: Jane Keiller, Helen Randall and Jeremy Summerell

15 places available - to book yours please contact Helen on [hc.randall3@gmail.com](mailto:hc.randall3@gmail.com) by the end of March if possible to help us with planning



**The course is offered by Cambridgeshire Courses in Spiritual Direction (CCSD) - [www.cc-sd.info](http://www.cc-sd.info)**

*CCSD is part of the Society of Retreat Conductors (Charity No. 246045). If you would like to apply for a grant to contribute towards the course fee, the Society is open to applications – see [thesrc.org.uk](http://thesrc.org.uk) – and CCSD has a very modest Bursary Fund that may be able to help.*

## **SUPERVISION IN SPIRITUAL DIRECTION**

“Supervision is a process of allowing the living presence of God to reveal areas of un-clarity and giftedness in the person seeking supervision, so that they can more readily facilitate God’s presence in those whom they seek to accompany.

In order to grow in the freedom which is required to accompany others, the guide needs the encouragement which comes from seeking an honest appraisal of her/himself.”

*(Adapted from Maureen Conroy: Looking into the Well)*

## **THE COURSE**

### **The course is offered to spiritual directors who have:**

- completed a training course in spiritual direction
- embarked upon the formal ministry of spiritual direction (or substantial similar experience, such as accompanying others as a prayer guide in weeks/months of guided prayer)
- some experience of being in supervision, whether one-to-one or in a peer group.

You will need to be accompanying at least one person at the moment, or to have done so fairly recently, so that you have case study material to bring with you.

### **We hope that this course may:**

- give an understanding of the process of supervision as a growth experience
- enable you to use periods of individual or peer supervision more effectively
- enhance your capacity for self-supervision
- help you develop and refine the contemplative gaze which is at the heart of both spiritual direction and supervision
- encourage and equip those who feel drawn to become supervisors.